



SPIRITUAL AUTOBIOGRAPHY

Writing your spiritual autobiography is a chance to reflect upon where you have been and all that has brought you to where you are at this moment in time. Spiritual Autobiographies provide opportunities for us to take stock of the ways in which God has been moving in our lives from the very beginning, and they are ways for us to try to make sense of and put words to how God has and continues to call us into our full selves.

There is really no right or wrong way to write a spiritual autobiography as each autobiography should reflect our own unique selves and our own unique relationship with God.

That being said, as you set aside time to write your spiritual autobiography, it is our hope that some of these questions might help you get started:

- What was your sense of God and God's call throughout the major points of your life? (as a child, during major moves, choosing a career, marriage, children, education, etc)
- As you think about the overall arch of your life, when have you experienced God most fully? When have you struggled to sense and connect God?
- What major questions have you wrestled with?
- What church experiences and/or involvements have drawn you closer into relationship with God? Have any led to struggles in your relationship with God?
- Who have your major spiritual guides been? Why?
- When/how did you first become aware of your call to discernment for Holy Orders?

We ask that you please keep your biography to 1,500 words or less.